

# The crazysexy Green Juice Formula

Base



CELERY, CUCUMBER

Green leafies



CHOICE OF ONE OR MORE OF THE FOLLOWING:  
ROMAINE, SPINACH, KALE, COLLARDS, CABBAGE, DANDELION

Fruit



CHOICE OF ONE OR MORE OF THE FOLLOWING:  
GREEN APPLE, GREEN PEAR, LEMON, LIME, GRAPEFRUIT

Other optional goodies



BROCCOLI STEMS, SPROUTS, GINGER ROOT,  
CAYENNE PEPPER, WHEATGRASS SHOT, E3 LIVE



## How-to make Crazy Sexy Green Juice:

Grab your favorite juicer and ingredients: cucumber and celery, 1-2 leafies, 1-2 fruits and other goodies (if desired). Wash, juice and serve! And remember, choose organic vegetables and fruits whenever possible.

[Crazysexyjuice.com](http://Crazysexyjuice.com)

